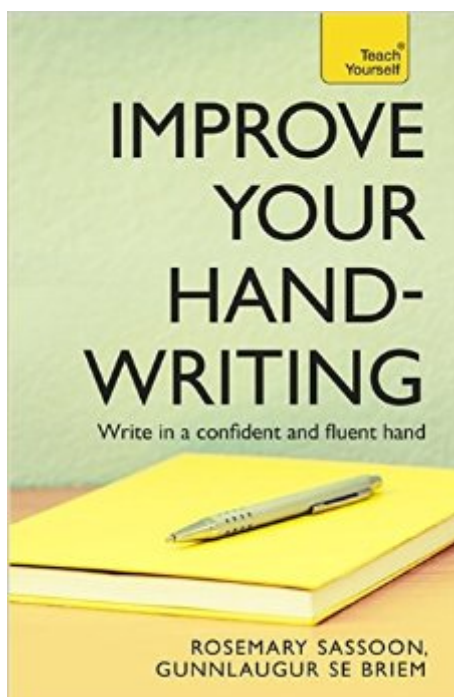# Improve Your Handwriting (Teach Yourself)

Synopsis

How to improve one's handwriting by using self-diagnosis tests to identify problemsÂ Written byÂ a world-renowned expert on handwriting and a professional calligrapher, specifically for adults who are experiencing problems with their writing,Â this bookÂ uses self-diagnosis tests to help identifyÂ the problem before encouragingÂ readers to experiment and choose the style that suits them best. Covering everything from holding a pen to the difficulties that left-handers face and the problems that may be caused by medical conditions, readers walk away from the book armed with the ability to write with ease and confidence.

Book Information

Series: Teach Yourself

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Average Customer Review: 4.1 out of 5 starsÂ Â See all reviewsÂ (41 customer reviews)

Best Sellers Rank: #71,470 in Books (See Top 100 in Books)   #22 inÂ Books > Reference > Words, Language & Grammar > Handwriting   #8618 inÂ Books > Self-Help   #13506 inÂ Books > Textbooks

Customer Reviews

My handwriting was terrible for most of my life, and I am almost 50.I doubted anything could be done; but this book showed me otherwise. As I kid I hated school. I scratched my way through college. Since then, I've been very heavily dependent on computers. Until this book, I knew nothing of penmanship instruction. I'd been making fundamental errors; and I am left-handed to boot.Upon my first read it my problems became clear. I started doing the excersizes. It was daunting at first, but I started getting results after a few days (2-3 hrs per day).Trying to keep a journal, or writing down ideas, has been hellish for years because my writing was so slow, erratic and horrible-looking, it made me feel like my thoughts and feelings were ugly by association.I look forward to expressing myself more freely and being more fulfilled because of what I've learned from this book.BTW, reading Walter Isaacson's Bio of Steve Jobs was what woke me up to raise my standards and

improve in this area.

I learned cursive writing years ago in a Catholic School from nuns who would slap your hand with a ruler if you did it wrong! For decades after that, even though I loved to write, my hand would cramp up when I wrote too long, and a full page would deteriorate from legible to scribble. Don't even talk to me about all the handwriting analyzers who see all kinds of things about you from your scribble! I can type extremely well but really wanted to put pen to paper again and enjoy it. VoilÃ ! Up popped this book. At $10.95, Free Shipping and Handling, I figured I can't go too far wrong even if it wasn't so good. Well, it is! It's easy to read and go through and so common sense and practical. I read through the whole book first - it's an easy read - before I started doing the exercises. I did them all, and it's amazing how such simple stuff can be effective to such a satisfying degree. I remember being taught NOT to break your writing in the middle of a word. Well, I learned from this book (to my relief) it's a good idea to lift your pen every four or five letters. I am totally convinced that cursive should be taught to children in elementary school (not by slapping their hands with a ruler!) because it teaches them the finer movement of hand and fingers as well as discipline. If you are an adult who needs that kind of training, I heartily recommend this book. It's an easy but efficient read.

I've had embarrassing hand writing all of my adult life. I dreaded having to write anything in front of other people. I bought the book hoping I could change it. I've only been doing the exercises for a couple of weeks now and I already see a difference in my writing. I learned even the slightest changes in how you hold your pen makes a difference. I would highly recommend this book.

Easy to read and has great drills for each letterform group that will in fact improve the legibility and quickness of any handwriting style. This is the best little secret out there for anyone who truly wants to improve his handwriting.

I bought this book because the older I get, the bigger and more out of control my writing gets. As I entered my sixties I realized how many incredible events I have seen in my lifetime and decided to leave an account for posterity that will actually be legible. AND IT'S FUN!

Excellent! Practical and ideal for non children. A book to be preserved and referred to whenever you feel your handwriting failing or tiring you. And yes, you do need handwriting, even with PCs and keyboards all around you.

Excellent instruction coupled with great explanations for the whys, wheres, and hows of writing. The practice exercises are quickly incorporated into ones practice and into their handwriting.

It's always bugged me that I haven't had great penmanship. This book is very non-judgemental and gives you different options and also shows people using differing styles as to what works for them. This book does have examples but does not have practice sheets, but I'm ok with that. I now hold my pen differently and I don't have hand cramping. Just by doing that and the exercises, it's improving. I practice every day.

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